

## CENTRAL BEDFORDSHIRE HEALTH AND WELLBEING BOARD

Date of Meeting

29 November 2017

---

### **Child and Adolescent Mental Health Services (CAMHS) Local Transformation Plan**

Responsible Officer: Anne Murray  
Email: Anne.murray@bedfordshireccg.nhs.uk

Advising Officer: Karlene Allen  
Email: Karlene.allen@bedfordshireccg.nhs.uk

Public

---

### **Purpose of this report**

1. Update on the Future in Minds Local Transformation Plan (LTP) for Children and Young People's mental health.

### **RECOMMENDATIONS**

**The Health and Wellbeing Board is asked to:**

1. **Note the Local Transformation Plan (LTP) which is an annually refreshed joint plan identifying how Bedfordshire and Luton are aiming to achieve the recommendations identified in Future in Minds and the Five Year Forward View for Mental Health.**
2. **The refresh of the joint LTP was circulated to this board for comment in September 2017. The revised version attached was sent to East of England region for comment on the 25<sup>th</sup> October 2017 in preparation for submission to NHSE on the 31<sup>st</sup> October.**
3. **This is year two of a five-year work programme 2015-2020 and the board are being provided with assurance against progress of the work plan for information and update**

### **Progress report on work plan for the Local Transformation plan**

2. The key priorities identified in the Local transformation plan are:
  - Implementation of an Eating Disorders community specialist service. (CEDS-CYP)
  - Improvement in access and waiting times to CAMHS through developing crisis and community services.

- Skilling up the workforce and embedding the principles of goal focussed outcomes developed collaboratively with Children and Young People. Identified as CYP - IAPT (Improved access to psychological therapies).
- Development of Early Intervention and schools support.
- Development of Perinatal Mental Health services
- Development of pathways for Vulnerable groups i.e. Autistic spectrum disorder /challenging behaviour / complex care/ LAC
- Development of collaborative commissioning plans with Specialist Commissioning (NHS England) for Tier 4 beds (acute inpatient admissions for CYP with MH) and FCAMHS (Forensic pathways).

Where we came from in Bedfordshire		Where we are now in Bedfordshire
<p><b>Multiple referral routes and rigid criteria for services</b></p>		<p><b>The Bedfordshire CAMHS single point of entry has been established by ELFT which processes cases on a weekly basis with tier 2 partners (CHUMS). All referrals are either signposted to other external partners dependant on need or allocated into the most appropriate team and assigned a clinician on the same day</b></p>
<p><b>A lack of professional awareness of local services</b></p>		<p><b>A directory of services has been produced by the Bedford and Early Help Teams which has been distributed widely. ELFT are also collating a full list of community providers to support the work of SPOE. CAMH stakeholder events are now running to share information about CAMH services across Bedford and Central Bedfordshire</b></p>
<p><b>A lack of early intervention and prevention outcome</b></p>		<p><b>A quarterly quality report now outlines the</b></p>

**information**

**Limited early intervention group and family support**



**outcomes and changes that CAMH have implemented. This report is seen by the quality team at BCCG**

**A targeted Early Help Team is in operation across both local authorities focusing on the rapid access to targeted interventions for children facilitated at an early stage of need; including joint health and social care assessments and consultation for the Team Around the Child, focusing on the principle of strong, collaborative partnership working between agencies. The targeted CAMHS workers are embedded in each of the Early Help teams within both local authorities and are providing integrated support to children, young people and their families.**

**Limited early intervention and prevention individual support**



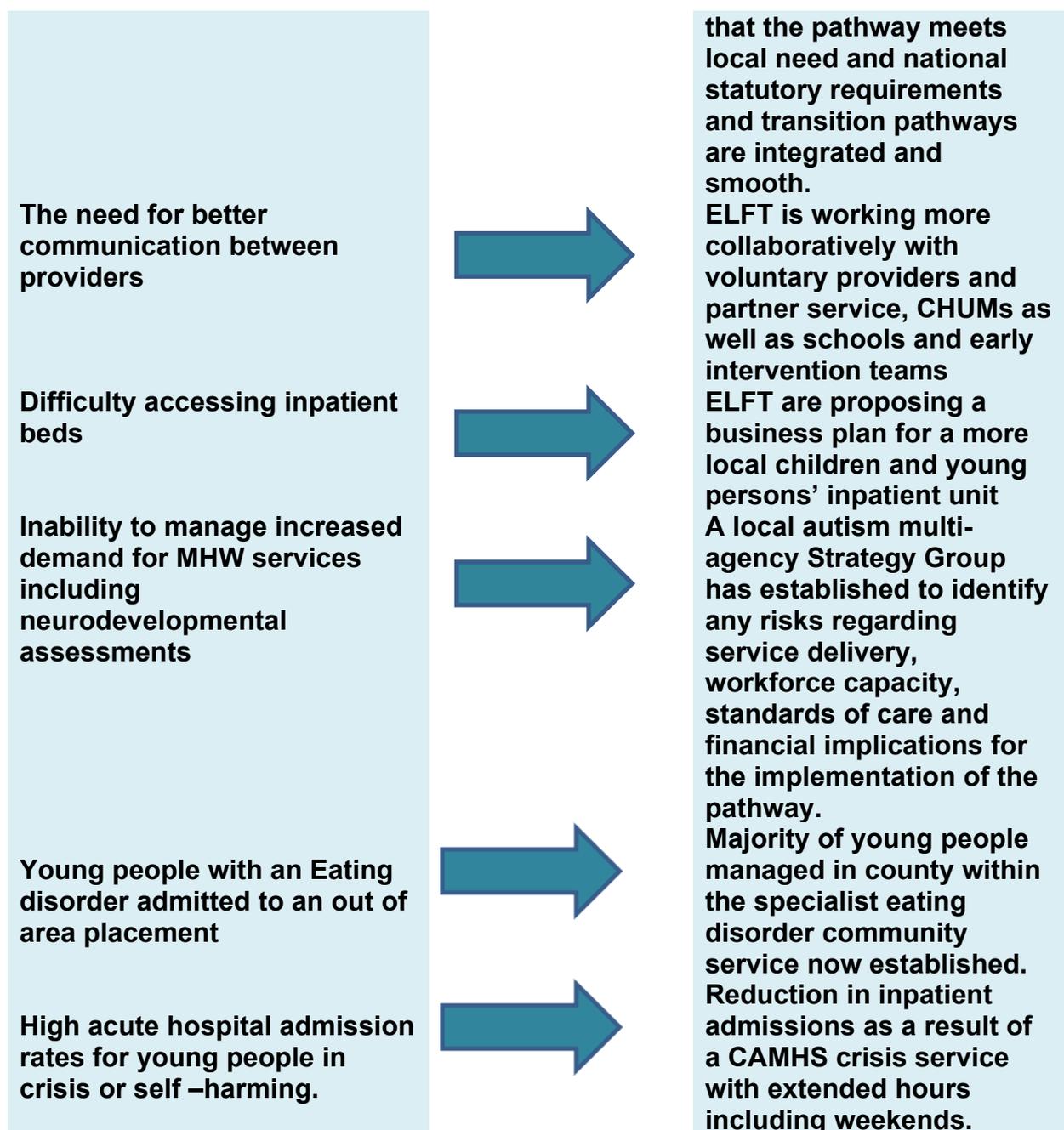
**The CAMH School Programme has been introduced into Upper schools and Colleges and CHUMs programme into Middle lower and primary schools.;**

**A Bedford and Central Bedfordshire whole school approach to mental health and wellbeing project is being developed The School Nursing service provide tier 1 and 2 support in all schools. Embedded CAMH workers in Early Help teams are improving access to services and support at an early stage**

**A lack of integration and clarity on ASD and transitioning pathways**



**A local autism multi-agency Strategy Group has established to ensure**



3. The refresh of the Local Transformation plan has been developed based on Key Lines of Enquiry submitted by NHS England. (Appendix 1)
4. The refreshed version of the Local Transformation plan has been circulated and consulted on through September and October 2017.
5. The revised version includes changes proposed by CBC Health and Wellbeing Board and BBC Health and Wellbeing Board and is currently with the East of England regional team for comment prior to submission to NHS England. (Appendix 2)

6. The embedded implementation plans identifying how the plan will be achieved are work in progress for delivery by October 2018. These will be managed through the task and finish groups for each work stream and monitored by the Future in Minds Steering group.
7. As part of the Shared Planning Round, every CCG has agreed trajectories for 2017-18 and 2018-19 that set out the number of additional CYP they will treat in each of those years. These trajectories should be in line with the national trajectory aim of 30% in year one and 32% in year two. The assumption is that similar trajectories will be agreed in future planning rounds, building to the 35% target by 2020.
8. ELFT have submitted a business proposal to achieve these trajectories which will require joint decisions across health and social care to achieve the requirements identified as part of Five Year Forward view for mental health.

### **Financial and Risk Implications**

9. Allocated funding

2015/16 CAMHS LTP funding allocation £795k + Schools pilot £50 K  
 2016/17 CAMHS LTP funding allocation £925k +Eating Disorders £227k  
 recurrent until 2020.

2017/18 CAMHS LTP funding allocation £925k +Eating Disorders £227k  
 recurrent until 2020.

This money has not been ring fenced by NHS England and has been base lined into Clinical Commissioning Group budgets. BCCG have committed to protecting this funding for CYP mental health transformation.

The trajectories identified by NHS England for access to CAMHS services will require additional investment across health and social care to ensure waiting lists do not increase and caseload sizes are safe.

### **Governance and Delivery Implications**

10. A Quarterly Future in Minds steering group has been established with representation from Bedford Borough Council, Central Bedfordshire Council, Luton Borough Council, Bedfordshire Clinical Commissioning group, Parent / Carer forum (SNAP), East London Foundation Trust and CHUMS.
11. The steering group reports to the executive board in BCCG / LCCG and the three Health and wellbeing Boards across Bedfordshire and Luton.
12. The Future in Minds steering group develops and monitors progress against the multi-agency action plan attached to the Local Transformation Plan. See Appendix 1
13. Initial proposals identify that the refresh of the LTP for this year needs to encompass the wider CYP mental health and wellbeing strategy. Guidance is awaited for the refresh of the Local transformation plan due in October 2017.

## **Equalities Implications**

14. The PSED requires public bodies to consider all individuals when carrying out their day to day work – in shaping policy, in delivering services and in relation to their own employees. It requires public bodies to have due regard to the need to eliminate discrimination, harassment and victimisation, advance equality of opportunity, and foster good relations between in respect of nine protected characteristics; age disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation.
15. The following organisations have been consulted in preparing the local transformation plans:

Bedford Borough Council (BBC)  
Bedfordshire Clinical Commissioning Group (BCCG)  
East of England Strategic Clinical Network  
Specialist Commissioning – NHS England  
Public Health (BBC/ CBC/ LBC)  
Central Bedfordshire Council (CBC)  
Luton Borough Council (LBC)  
Luton Clinical Commissioning group (LCCG)  
Education sector  
Criminal Justice Sector  
South Essex Partnership trust (SEPT)  
East London Foundation Trust (ELFT)  
Bedford Hospital  
L&D Hospital  
Parent Carer forums  
Children and Young People  
Voluntary Sector

## **Implications for Work Programme**

16. Future reports updating on progress against the LTP implementation plans to be shared with the Health and Wellbeing Board.
17. Implementation Plans embedded in Appendix 2.

## **Next Steps**

18. Bedfordshire and Luton are working jointly with Milton Keynes to align mental health strategies across the STP footprint to ensure the requirements align with Future in Mind, 2015 and the Five Year Forward View for Mental Health.
19. The local transformation plan and evolving action plan is scrutinised by NHSE on a quarterly basis to ensure the five-year funding is being used to build capacity and resilience across the system to improve measurable outcomes for Children and Young people's mental health and emotional wellbeing.

20. The work plan supporting the LTP is a dynamic plan which is updated quarterly has been developed in partnership with parent/carers, children and young people and contributed to by all organisation stakeholders working with the local community to promote, improve and support children and young people at risk of/ with emotional wellbeing and mental health needs.

## **Appendices**

### **Appendix 1**

#### **Guidance for the 2017/18 Refresh of the Children & Young People's Mental Health and Wellbeing Local Transformation Plans**

### **Appendix 2**

#### **Local Transformation Plan including implementation plans**

### **Background Papers**

#### *Key Documents:*

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/414024/Childrens\\_Mental\\_Health.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf)

<https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf>

<https://www.england.nhs.uk/wp-content/uploads/2015/07/cyp-eating-disorders-access-waiting-time-standard-comm-guid.pdf>

<https://www.england.nhs.uk/mentalhealth/wp-content/uploads/sites/29/2016/02/tech-cyped-eip.pdf>

<https://www.england.nhs.uk/mentalhealth/cyp/iapt/>

<http://everyonesbusiness.org.uk/wp-content/uploads/2014/06/Joint-Commissioning-Panel-perinatal-mental-health-services.pdf>

<http://everyonesbusiness.org.uk/wp-content/uploads/2014/06/Joint-Commissioning-Panel-perinatal-mental-health-services.pdf>

<https://www.england.nhs.uk/wp-content/uploads/2016/09/NHS-operational-planning-guidance-201617-201819.pdf>